

TFH Instructor/CONSULTANT program overview requirements:

- TFH 1 – 4 (Synthesis) (60 hrs)
- 20 Session Records written up
- Proficiency Assessment (15 hrs)
- TFH Advanced Training Workshop (60 hrs.)
(includes written, practical and oral exams)
- Repeat TFH 1 - 4 (60 hrs.) in a mentoring/*advanced practice* model.
- 30 more Session Records for a total of 50.
- Minimum of one *case study* of one person through at least four sessions, over a period of at least 4 weeks.
- 8 hours *Supervised practice* which may be concurrent with
- A *final Assessment* consisting of a demonstration session with a Faculty or an assessor/Mentor designated by the Faculty.
- * 8 hours professional ethics (any health related ethics course)
- 8 - 30 hrs. Practice management including Record Keeping skills, must comply with any local legal requirements for hygiene, communicable disease control, etc.
- * 8 - 15 hrs. Goal-setting/counseling/coaching skills suggested
- * 8 hours First Aid/CPR suggested
- * Additional general study of Anatomy and Physiology suggested
- IKC Registered Consultants are subject to a **Continuing Education** requirement of 15 hrs. per 3 years, but are not required to maintain their TFH Instructor Status, or teach any minimum number of students/workshops. However, any Consultant who maintains their Active Instructor status is deemed to have fulfilled their Consultant continuing education