

# Touch for Health 1 ONLINE

**March 21 & 22**

(Sat & Sun. 10 am – 6:30 pm ET)

**\$400**

**(Includes class manual, certificate and 15 CE/level for NCBTMB and Fl. Massage Therapists and Nurses)**



Certified TFH Instructor Larry Green from Chapel Hill, NC brings his expertise, humor and 30 years teaching experience.

## **In Touch for Health 1 You will learn:**

The Art of Quality Muscle Testing

Muscle/Meridian Balancing Process

Simple touch reflex corrections including:  
Neurolymphatics, Neurovasculars, Meridians,  
Origin/Insertion, Acupressure Holding Points

Nutrition & Food Testing

Surrogate Testing for children and pets

Neurological confusion reset reflexes

Self balancing techniques

Pain relief techniques

- TFH Kinesiology was one of the first Western holistic systems that integrated acupuncture meridian principles and was specifically designed for both health professionals AND the average person to use for their families.
- TFH will teach you a wide variety of user-friendly skills and a systematic procedure that can tailor corrections to meet each person's individualized need

## **Benefits of TFH**

Relax Tight Muscles and Strengthen  
Under-Facilitated Muscles  
(often the cause of chronic muscle problems)

Effective Stress and Pain Relief

Enhanced Immune Function

Improved mental focus and function

A method to identify foods that  
can best support your body

Bonus: Self Care Skills for  
yourself and your family

*Goal Specific Balancing* that can  
address issues on the physical,  
mental and emotional levels

**For more information, free online videos, and online pre-registration please visit:**

**[www.USKinesiology.com](http://www.USKinesiology.com)**

**To pre-register for classes please register online AND send in a \$200 non-refundable deposit to:  
Larry Green, 7121 New Light Trail, Chapel Hill, NC 27516. (919) 933-9299**

The U.S. Kinesiology Training Institute is an approved provider for continuing education through the National Certification Board of Massage and Bodywork Therapy (NCBTMB). CE's for Nursing available through the Touch for Health Kinesiology Association.