

Specific Neuromuscular Energy Reset Technique

Chapel Hill, NC

Sunday, September 27, 2026 (9:00 am- 6 pm)

\$225 - 8 CEs for Massage Therapists



Arlene Green, LMBT, #854 NC, is one of the leading instructors in the field of Touch for Health Kinesiology. She is a senior faculty member of the International Kinesiology College and Director of the U.S. Kinesiology Training Institute in Chapel Hill, N.C. She has been actively teaching TFH since 1981 and is known for her fun, informative and inspirational classes. Arlene is the author of *The Top Ten Pain Releasers 1 & 2*, *Top Ten Techniques for Rapid Injury Recovery and Emotional Repatterning*. She is the developer of the *Specific Neuromuscular Energy Reset Technique (SNERT)*. NCBTMB Provider #158222-00

Would you like to be able to dramatically reduce or eliminate muscular pain caused by overuse or injury in 15 minutes or less?

The Specific Neuromuscular Energy Reset has been taught to thousands of people around the world over the past 30 years. A research study published in 2015 showed statistically significant results with 211 subjects for both acute and chronic muscular pain/injuries.

You will learn how to:

Use Quality Muscle Testing to identify muscle fiber imbalances—often the real cause of muscle/joint problems.

Quickly and easily reset fibers that have been overstretched or injured through this gentle touch technique.

Reset the electrical current surrounding the muscle trauma that may be perpetuating the imbalance and pain.

You'll learn how to identify and clear the underlying emotion associated with the muscle issue, which is often, a key component to lasting healing.

Work with TMJ, hand, feet, knee, neck/shoulder and back issues.

Bring your own muscle issues and experience the remarkable results yourself!

Please Pre-register online:
www.USKinesiology.com
or call (919) 423-3626



The U.S. Kinesiology Training Institute is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education approved provider 158222-00. Arlene is also an approved provider for Florida Massage Therapists and for Nurses through TFHKA and the California Board of Registered Nursing.